

## JULIA EILENBERG, MD

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### EDUCATION AND TRAINING

1993-1994 Fellowship in Public Psychiatry, NY State Psychiatric Institute, Columbia University, NY, NY  
1990-1993 Residency in Psychiatry, Columbia University, NY, NY  
1989-1990 Transitional Internship, St. Vincent's Hospital, NY, NY  
1985-1989 M.D., Cornell University Medical College, NY, NY  
1982-1984 Postgraduate pre-medical program, Columbia University, NY, NY  
1979-1982 BA in Classics (*Summa Cum Laude*) Barnard College, NY, NY

### LICENSURE & CERTIFICATION

1995-2025 Diplomate, American Board of Psychiatry & Neurology, Initial Certification 1995, Re-certified in 2005 and 2015 (Score = 90%)  
1990- Present New York State License #182560; DEA #BE2940167  
1990 Diplomate, National Board of Medical Examiners

### PROFESSIONAL EXPERIENCE

3/2005 - Present **Private Practice Psychiatrist,** Rhinebeck, NY  
Offering office-based treatment, including evaluations, medication management, and psychotherapy for adults ages 18 and up. Specialized in complex and treatment-resistant cases.

2017-2018 **Consulting Psychiatrist, Vassar College Counseling Service,** Poughkeepsie, NY

2009-2010 **Consulting Psychiatrist, Bard College Counseling Service,** Annandale on Hudson, NY

2005-2009 **Consulting Psychiatrist, Astor Services for Children,** BOCES Alternative High School, Poughkeepsie, NY  
Provided psychiatric consultation and team oversight to high school-based mental health treatment program.

2004-2005 **Consulting Psychiatrist, Ulster County Mental Health Department,** Kingston, NY  
Provided psychiatric services, including evaluations, medication management and supervision, for home-based program for troubled youths and their families.

1994-2004 **Clinical & Medical Director, Ulster County Mental Health Department,** Kingston, NY  
In senior management position provided clinical and regulatory oversight for entire county public mental health, MR/DD, and substance abuse service system. Supervised clinical operations for Ulster County Mental Health Department outpatient clinics, serving 5,000 patients annually. Hired and trained staff psychiatrists and provided supervision and training to clinical and para-professional staff.

1993-1994 **Staff Psychiatrist, Ulster County Mental Health Department,** Kingston, NY  
1991-1993 **Doctor On Call, Regent Hospital,** New York, NY

- 1990-1991 **Consultant, Adolescent Clinic, Morristown Memorial Hospital,**  
Morristown, NJ
- 1984-1985 **Case Manager, Fountain House,** NY, NY

## ACADEMIC APPOINTMENTS AND TEACHING

- 1996-2010 **Assistant Clinical Professor of Psychiatry,** Fellowship in Public Psychiatry,  
College of Physicians & Surgeons, Columbia University, NY, NY  
Led management seminar on challenges of medical leadership in public sector mental  
health settings. Supervised two fellows in placements projects at UCMHD.
- 1994-1996 **Post-doctoral Research Fellow in Psychiatry,** Department  
Of Clinical Psychobiology, College of P & S, Columbia University, NY, NY

## RESEARCH EXPERIENCE

- 1994-1996 **APA Mental Health Services Research Young Investigator Fellowship**  
Funded for first year of two-year pilot study to determine levels of functional disability  
in severely mentally ill outpatients with primary diagnosis of PTSD.
- 1992-1993 **Research Elective: Department of Psychiatry, Presbyterian Hospital**  
Retrospective study of abuse and trauma histories gathered on all patients treated in  
outpatient clinic

## HONORS & AWARDS

- 2004 **YWCA of Ulster County** Tribute to Women Award
- 2002 **Office of Mental Health** Excellence in Service Award
- 2000 **National Association of Counties (NACO) Organization's** Award for Clinical  
Case Review System Implemented at Ulster County Mental Health Department
- 1993 **New York State Psychiatric Institute** Alumni Fund Award for Resident Research
- 1991 **Mead Johnson Fellow** in Psychiatric, American Psychiatric Association
- 1989 Summer Research Fellow, **Morgan Guaranty Community Services**
- 1988 **NIH Summer Research Fellow,** Cornell University Medical College
- 1982 **Phi Beta Kappa,** Barnard College Chapter

## FELLOWSHIP & GRANT SUPPORT

- 1994-1995 American Psychiatric Association Young Investigator  
Fellowship for Research Development in Psychiatric Services Research (\$15,000)
- 1992 Women & Violence Project, Co-Investigator (\$5,000).

## PROFESSIONAL AND COMMUNITY ORGANIZATIONS

- 2013 - Present Rhinebeck Rotary Club, General Member, Chair of Scholarship Committee
- 1990-Present American Psychiatric Association, General Member
- 2008- 2012 Rhinebeck Science Foundation, Grant Review Committee
- 2005- 2007 Psychiatric Consultant, PEOPLE, Inc., Poughkeepsie, NY (Consumer Run Advocacy  
and Peer Support Services)
- 2003-2004 Ad Hoc Committee to Address School Social Climate, Reporting to District Strategic  
Planning Team, Rhinebeck Central School District
- 2002-2004 Secretary, Mid-Hudson Psychiatric Society
- 1994-2008 American Association of Community Psychiatrists, General Member

## PUBLICATIONS

Posner J, **Eilenberg J**, Friedman J, Fullilove M: "Quality and Use of Trauma Histories Obtained From Psychiatric Outpatients: A Ten-Year Follow-Up." *Psychiatric Services* 2008; 59(3): 318-321

**Eilenberg J**, Townsend E, Oudens E: "Who's in Charge Here Anyway? Managing the Management Split in Mental Health Organizations." *Administration and Policy in Mental Health* 2000; 27(5):287-297

Ranz J, **Eilenberg J**, Rosenheck S: "The Psychiatrist's Role as Medical Director: Task Distributions and Job Satisfaction." *Psychiatric Services* 1997; 48(7): 915-920

Schwartz A, **Eilenberg J**, Fullilove M: "Clinical Case Conference: Gloria's Despair: Struggling Against the Odds." *American Journal of Psychiatry* 1996; 153 (10):1334-1338.

**Eilenberg J**, Fullilove M, Goldman R, Mellman L: "Quality and Use of Trauma Histories Obtained from Psychiatric Outpatients Through Mandated Inquiry." *Psychiatric Services* 1996; 47(2):165-169

**Eilenberg J**: "Violence Against Women: The Public Health Challenge." *Current Issues in Public Health* 1995; 1:82-89

Bell R, Duncan M, **Eilenberg J**, Fullilove M, Hien D, Innes L, Mellman L, Panzer P: "Violence Against Women in the United States: A Comprehensive Background Paper." *The Commonwealth Fund Commission on Women's Health*, November 1995

## PRESENTATIONS AND LECTURES

Numerous community based teachings and panel presentations to: Rhinebeck Elementary School and Middle School Students, and to Rhinebeck Community Forum on Substance Use. (2007-present)

Eilenberg, J "Attachment and Attachment Disruptions: Does Bad Parenting Lead to Mental Illness Later On?" Lecture to Staff and Astor Clinic and Ulster County Dept. of Mental Health, 2006, 2007, Poughkeepsie and Kingston, NY

Eilenberg, J. "Greeting the MEDI-MICA Challenge: An Approach to Co-Occurring Medical, Mental Illness and Substance Abuse." MICA Task Force, September 2005, Albany New York

Eilenberg J. "Who's in Charge Here Anyway? Managing the Management Split in Mental Health Organizations." *American Association of Psychiatric Administrator's Annual Meeting*, April 1999, New York, NY

Ranz JM, Eilenberg J, & McQuiston HL. "The Role of the Psychiatrist as Medical Director." *48<sup>th</sup> Institute on Psychiatric Services*, October 1996, Chicago, IL

Eilenberg J, Gurian J, Rainbow P, & Consumer. "What We've Learned So Far: Experiences of the Trauma Treatment Track at Ulster County Mental Health Clinic." *Mastering the Key Connection: A Clinical Training Conference*, April 1996, Albany, NY

Fullilove MT, Eilenberg J, Kobayashi J, Adelman S, & Panzer PG. "Diverse People, Diverse Places." *Symposium at the American Psychiatric Association Annual Meeting*, May 1995, Miami Beach, FL

Eilenberg J. "Traumatic Events, Post-Traumatic Symptoms: A Neglected Dimension of Psychiatric Assessment." *Grand Rounds, Department of Psychiatry, Metropolitan Hospital & New York Medical College*, September 1994, New York, NY

Fullilove MT, Mellman L, Eilenberg J, Panzer PG & Innes L. "Trauma: Research Findings & Clinical Considerations." *New York State Psychiatric Institute Annual Scientific Conference*, November 1993, NY

Eilenberg J. "Managing Anxieties and Phobias." Regional NAMI Meeting, October 1993, Poughkeepsie, NY

Eilenberg J, Holly, SF. "Women Living on the Edge: Theoretical & Clinical Perspectives on Disadvantaged Women." *Institute on Hospital & Community Psychiatry*, October 1992, Toronto, Canada

## REFERENCES

Furnished upon request.